

Oraginisation	Services	Contact
Connect Well	Hub team are operational as normal and telephone services	0300 302 0178
East Kent	are still active.	
	Open Mon, Weds and Fri 8:30am – 6pm	
	T	
0 0 1	Tues and Thurs 9am – 5pm	0000 000 0470
Carers Support	CSEK are operational and the Hub team still offering	0300 302 0178
East Kent	information and guidance and assessment for Carers.	
	Information can be found on the website <u>www.carersek.org.uk</u>	www.carersek.org.uk
	Open Mon, Weds and Fri 8:30am – 6pm	
	Tues and Thurs 9am – 5pm	
Silverline	24 Hour befriending service.	0800 470 80 90
Telephone		
Befriending	Free, confidential service to share worries and fears. A good	
Service	sign posting service. he Silver Line is a helpline and friendship	
	service for people aged 55 and over.	
Thanet	A list of services across Thanet who are offering support during	http://thanetcoronavirus
Coronavirus	this difficult time. Click the link to the right.	assistance.com/delivery/
support		?fbclid=IwAR03vIF0BJ-
		vrpPTpLkaF3sITBDcvPC9r
		7TQFjQYJS hSenPl31zwt
		owhxg
Age UK Thanet	Offering I and A support over the phone only. Also available for	01843 223881
	shopping calls.	
	Buddy Box Hot Meal Delivery is open for anyone that needs	
	food and is £8.00	
	Age UK Support at Home Service – operational as per normal	debby.turner@ageukher
A T	contact Debby Turner via email.	nebay.org.uk
Ageless Thanet	Providing a free telephone service, during office hours, for 50+	01843 210005
	Thanet residents who are struggling with feelings of social	info@analanathanathana
	isolation and loneliness during this time and would like to hear	info@agelessthanet.org.
	a friendly voice to see how you are.	<u>uk</u>
	You can contact them via phone, email or on social media	https://www.facebook.c
	(Facebook and Twitter)	om/AgelessThanet/
	(rucebook and rwitter)	<u>omy/igeress/mariety</u>
	Ageless Thanet will also be sharing videos on how to use the	
	internet and social media to stay connected with friends and	
	family during the COVID – 19.	
Cliftonville	Open Mon, Tues, Weds and Fri 9:30-12:30am. Offering regular	Elaine or Paul 01843
Community	services using the social distancing policy and necessary	221913
Centre	contact.	



Global	Practical Support	07593392951
Generation Church	 Picking up online food orders and delivering to individual's home Picking up shopping, prescriptions etc Arrange and deliver food parcels sourced from Thanet Food Link (St Paul's Food Bank) Utilize our Dignity clothing store to help those needing clothing/toiletries where possible and deliver Pastoral/Community support Provide telephone calls to prevent feelings of isolation and loneliness, aiming to decrease feelings of anxiety and improve wellbeing where possible Signpost to different services where further help or advice can be provided also 	01843 226232
Thanet	TCSP are offering their car scheme to all ESSENTIAL	Samantha Howlett
Community	hospital/medical appointments only.	01843 609337
Support Partnership		info@kcv.org.uk
Salvation Army,	They are currently running a food bank but please ring ahead	Carl Whitehead
Ramsgate	to make an appointment as it may cause unnecessary travel.	Carr writteneau
- Harring Gard	To make an appointment as it may easily a massile in the second of the s	07900 497326
	The Salvation Army are also available to deliver food and	
	supplies to elderly who are self isolating in the Ramsgate area.	
Salvation Army,	Drop-in Light: service at the door with lunchbox and hot drinks	01843 298 260
Margate	Monday, Tuesday, Thursday, Friday from 10.30 - 12.00	
Coronavirus	For people over the age of 70, self isolating, or has no support	07432 585 515 Lauren
support	during this difficult time. The group will collect shopping and	
	medicines and deliver it to you. If you feel isolated you can call	Aram Rawf – <u>cllr-</u>
Over 70's	the group and a volunteer will chat with you. The group are	aram.rawf@thanet.gov.u
Support,	working in partnership with the GAP project in Broadstairs and	<u>k</u>
Broadstairs Thanet	is a FREE service.	
manet	We are desperately looking for DBS cleared volunteers that	
	can help provide this service in the local area which could	
	potentially involve shopping for them, dropping off medication	
	or delivering a food package on a zero contact basis.	
The Bus Café	Offering a home delivery service from their food and drink	01843 297985
Thanet	menu between 9am and 3pm. No minimum order and no	
	charges for delivery. They have bread and different types of	
Ch Davilla Francis	milk available and all prices will be the same as in the shop.	04042 224042
St Pauls Food	Open as usual – Monday, Tuesday Thursday mornings 10:30am	01843 221913
Bank (Margate)	 12pm. You can visit Cliftonville Community Centre to get a foodbank voucher on the 	
Thanet	Offering a personal shopping service in all areas and willing to	01843 602030 Charlotte
Community	help anyone who is self isolating and who cannot get out and	or Hannah
	about.	
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Transport		
Association	Also are running a dial a ride service to all super markets to	
	allow elderly get out to the super markets. This is covering	
Mastasta Taura	Thanet, Herne Bay and Whitstable.	04042 026402
Westgate Town Council	The Tow Council offices is now Closed -But, the Town Council	01843 836182
Council	are still offering a service of volunteers to visit homes within	townslork@wostgatoons
	the town to help isolated people to do shopping, walk the	townclerk@westgateons
	dogs, friendly phone calls, picking up prescriptions and general	ea.gov.uk
	needs.	
	If you know someone who needs this please contact the Town	
	Clerk on the number/email to the right.	
	Great on the named circumstation and higher	
Changing Minds	They will provide mental health support, advice, anxiety	Colin Rouse –
- The Lifeboat	management, food and essentials for the local community	colin.rouse@changingmi
project	throughout the Corona virus Pandemic. This will consist of	ndskent.co.uk
. ,	weekly podcasts, videos discussing all things wellbeing,	
	exercise, nutrition and more!	
	To offer free delivery of care packages for those in isolation	
	within our local community, including food, toiletries &	
	entertainment (Crosswords, card games, colouring books, etc).	
	To establish a phone line for those seeking a friendly chat /	
	video chat if possible. To set up a social media hub for	
	individuals to access for tips on combating loneliness whilst in	
	isolation. To grow and adapt the project alongside the ever-	
	changing situation to provide support for as many affected	
	individuals as we can possibly reach.	
Best One	They are offering free home delivery services for supplies such	01843 831664
	as food etc.	01845 851004
Westgate	as rood etc.	
Krusty Kobb	Offering free home delivery for food to peoples home who are	01843 835447
bakeries	self isolating and are unable to get out.	01013 033117
- Sunones		
Prentis	Offering free home delivery to self isolated people. (Fruit and	01843 834934
Greengrocers	veg etc)	
Posillipos	Are offering to do peoples shopping and deliver it to their	01843 601133
restaurant	home for self isolated people.	
Broadstairs		
the Kitchen CT9	Will deliver any surplus stock they have to peoples homes who	01843 293376
in Cliftonville	are self isolating	
Birchington	Are offering a free service which includes shopping locally,	Dave Adams - 07540
Support group	walk dog and collect prescriptions etc.	813028 or Jan Adams –
Jupport group	waik dog and conect prescriptions etc.	07540 812564
Farley's	The business wants to support anyone in need living in	01843 593069
Furniture	Ramsgate, Margate, Broadstairs, Westgate, Birchington and	01043 333003
i difficule	Sandwich. They will go and get the shopping and deliver it to	
	their home. Delivery is free. The business said people who	
	then notine. Delivery is tree. The business salu people will	



	want to use the service can pay them for the shopping in cash	
	on delivery or by bank transfer.	
	https://www.kentonline.co.uk/thanet/news/company-	
	shopping-for-people-in-self-isolation-223974/	
Age Concern	Day Services are still operational as per government	01304 372608 – Deal
Deal, also	guidelines. Hot meals are costed at £7.00	
covering Dover.		
0 1	Offering food delivery services and hot meal deliveries. (Both are paid for services and will be invoiced at a later date)	
Age UK	Day Services are still operational as per government guidelines	01303 279031 -
Folkestone,		Folkestone
also covering	Offering food delivery services and hot meal deliveries. Hot	
Dover.	meals are costed at £7.00	
	(Both are paid for services and will be invoiced at a later date)	
Age UK Herne	Cogs social and dementia day care, dementia cafes, singing	01227 749570
Bay	and exercise groups closed from today. We are still providing	
	as normal.	
	Meals deliveries	
	Marigolds cleaning service	
	Independent Living Service	
	Laundry. Befriending is now phone based rather than face to	
	face.	
	Information and Advice is now telephone based unless	
	essential.	
	Dementia outreach is also phone based unless essential.	
	PIP also phone based unless essential	
	Personalised Indonendence Programme wirtual hub still	
	Personalised Independence Programme – virtual hub - still	
	accepting referrals – still supporting via telephone and where	
	we can.	
Age UK	Age UK Faversham are providing meals on wheels and the	01795 532 766
Faversham	Hands 2 Help independent living service (which can do	01755 552 700
Taversnam	shopping). I&A available as usual, but most of the work is	
	being done over the telephone.	
Churches	Shopping for self isolating people, telephone befriending,	01795 531669
Together	companionship and providing an online church services.	
Faversham		
Faversham	Shopping for self isolating people, telephone befriending,	Geoff Cook – 01795
Baptist Church	companionship and providing an online church services.	531669
Deal Food	St Richards church – Tuesdays 12pm -2pm	01304 728428
Banks	,	
	Wednesday Victoria Road 4:30pm – 6pm	
	Fridays Trinity Church Union Road 10am -12pm	
	Foodbank centres open but no tea or coffee	
Sandwich Food	Thursdays Phoenix Centre Jubilee Road 1pm-3pm	01304 728428
Banks	Foodbank centres open but no tea or coffee	
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Ashford Age UK	Meals on Wheels, Meals on Wheels Plus (3 meals delivered –	01233 668765
	to include lunch, tea and breakfast for the following day),	
	Shopping, Prescription collection, Keeping in touch calls,	
	Telephone befriending, Dog walking.	
Age UK Hythe	Meals on Wheels, Meals on Wheels Plus (3 meals delivered –	01303 269602
and Lyminge	to include lunch, tea and breakfast for the following day),	
	Shopping, Prescription collection, Keeping in touch calls,	
	Telephone befriending, Dog walking.	
Aylesham Food	Fridays – St Fimbarr Church Market Square 12:30pm – 2:30pm	01304 728428
Banks		
	Foodbank centres open but no tea or coffee	
Ashford	Mon, Tues, Thur 9-12 noon & last Sat of every month	01233 331919
Vineyard		
Church	If in need please contact the foodbank.	
Ashford	Food shopping delivery services Ashford	Martin Kemp 07732
Community		977417 / 01233 612224
Care		
Home help	Food shopping delivery services Ashford	Richard Spinx 07807
choice	,	177656
Faversham	The Gospel Mission Church,	07938720604
Food Bank	Tanners Street	
	WEDNESDAY 1.30pm to 4.00pm	
	FRIDAY 1.30pm to 4.00pm	
Folkestone	Sandgate Road Folkestone	07913573403
Methodist	Tues and Fri 2pm -3:30pm	
Church		
	Please check the website www.shepway.foodbank.org.uk as	
	regular updates will be posted on here	
	regular apadees will be posted of there	
New Romney	North Street	07913573403
Christian	Tues 5:30pm -7pm	0,3133,3163
Centre	1 des 3.50pm 1pm	
Certific	Please check the website www.shepway.foodbank.org.uk as	
	regular updates will be posted on here	
	regular updates will be posted of fiere	
11.1	Handa Hall China an Ba	07042572402
Lydd	Hardy Hall, Skinner Road	07913573403
	Fri 6:30pm – 7:30pm	
	Please check the website www.shepway.foodbank.org.uk as	
	regular updates will be posted on here	
Savages Fruit	Offering fruit baskets and other veg within the Lydd area.	01797 363280
and Veg Lydd	Also offering a delivery service as well.	
Kerry's kitchen	A local café which are making food deliveries within the Lydd	01797 321052
Lydd	area	
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Sport England	How to stay active during the COVID-19 period whilst self isolating.	https://www.sportengla nd.org/news/how-stay- active-while-youre- home?fbclid=lwAR1iAFix U3b9a3VNSPAUXT_qaD mCw7HPysQEXd3wcl-
Elham Wellbeing	A group of volunteers who are offering services such as, Food Shopping, Prescription Collection, dog walking or just companionship.	Odhthcvllmilx7IM Claire – 07702268475 Claireg.elhampc@gmail.c om
Live at Home Folkestone	Offering a telephone befriending service for people in the Folkestone district	07885687958 Folkestone.liveathome@ mha.org.uk
Ashford Volunteer Centre	The befriending service visits at home is still going and if it cant be a home visit it will be a telephone befriending service. They are also still running they're community transport but only have a few drivers left so they are trying to do just emergency	01233 665535
Age UK Canterbury	Hot Meal Delivery Services for a two course Lunch (£8.50) and Supper if required (£3.50)-These are both paid for services and will be invoiced at a later date. Telephone contact service in relation to Information & Advice, Befriending and arranging support services such as Shopping and Medicines collection and others as established going forward. Foot Health Service through a triage arrangement within clinic setting and Home Visiting setting.	01227 462368
Furley Page Solicitors Canterbury	Furley Page have set up a telephone buddy system to offer companionship and support to elderly members of the community who need to self-isolate due to the coronavirus outbreak. The telephone buddy system helps to alleviate social isolation and ensure that no-one is struggling at home alone, without essential food and medication. It will provide welcome regular contact for elderly citizens who are isolated and enable our volunteers to check that they are OK and arrange any help or support they may require during this difficult time. It will provide welcome regular contact for elderly citizens who are isolated and enable our volunteers to check that they are OK and arrange any help or support they may require during this difficult time. The buddy scheme is not just for current members of our group and we intend to offer our assistance to all elderly and vulnerable people in the local community who are isolated as a result of the coronavirus outbreak. support as possible for older people in our Herne Bay or Canterbury groups	Val Prosser or Melanie Christodoulou 01227 763939



Twenty Four Door Step Delivery Folkestone, Dover and Hythe	At this quiet time we are trying to do something for the community. Thus we propose to utilise our kitchen and chefs by offering a home delivery service of farm fresh produce and professionally prepared items. All sales will be cashless if you wish by BACCS, PayPal or card payments! Order by 4pm for NEXT DAY DELIVERY hopefully by 12pm depending on demand. (minimum delivery £15) We can try and get anything not on this list so please do not hesitate to ask	07410637960
Romney Marsh	The day centre is closed but they are offering a telephone	01797 363888
Day Centre Senior helping Seniors	service, advice and information help. Offering support to people aged over 70 shopping services, befriending, support services, emotional support. The services is costed at £24.60 per hour.	01227 454900
Live Well Kent	Live Well Kent Thanet Services Richmond Fellowship- Referral info.thanetspace@richmondfellowship.org.uk or 01843 280022	Live Well Kent Website - https://livewellkent.org.uk/
	East Kent Mind - info@eastkentmind.org.uk or call 07950 608827	We are still accepting referrals so if you need support or need to refer
	SpeakUp CIC - Support and social SpeakUpCIC - Night Owls is a closed on-line peer support group. Call 01843 448384 SpeakUpCIC- Personality Disorder Support Group (PERDI) SpeakUp CIC - SpAce Art and Craft Project SpeakUp CIC Referral admin@speakupcic.co.uk or 01843 448384	someone you can call our referral line on 0800 567 7699, email us on info@livewellkent.org.uk or contact services directly.
	Rethink Thanet Way Employment - Referral thanetway@rethink.org Porchlight Community Inclusion Service Porchlight Community Link Service Porchlight Community Housing Service Porchlight Thanet Health Inclusion Service (THIS) Referral to 0800 567 7699 info@livewellkent.org.uk	
	Porchlight Live Well Kent Central Referral Line 0800 567 7699 or email info@livewellkent.org.uk Live Well Kent Website - https://livewellkent.org.uk/	
	Live Well Kent Services South Kent Coast	
	South Kent Mind - provide a Wellbeing programme Referral 01303 250090 southkentmind.org.uk	
	Take Off Peer Groups – Referral - 01227 788211 SpeakUp CIC - Support and social groups	



	SpeakUpCIC - Night Owls is a closed on-line peer support group Referral admin@speakupcic.co.uk or 01843 448384 Shaw Trust Employment Service and Porchlight Work4Wellbeing (formally JET IPS Employment) Referral 0800 567 7699 info@livewellkent.org.uk Porchlight Community Inclusion Service Porchlight Community Link Service Porchlight Community Housing Service Porchlight Live Well Kent Central Referral Line 0800 567 7699 or email info@livewellkent.org.uk	
Porchlight Aspirations	Our Aspirations team is continuing to provide support while adapting the way we work to follow the latest official advice and guidance. If you are currently being supported by Aspirations, we will be in touch with more information about how we can continue to support you. If you have any questions about our support or need to speak to someone about Aspirations you can call us. If you are unemployed, live in Kent, and feel that your mental health is holding you back, we can help. Aspirations is a free service for anyone over 25 who is not currently in employment. We can help if you feel that your mental health is standing in your way. We will work with you on a one to one basis to find out where you want to be, and how we can help you get there. Whatever your circumstances, we won't judge you. What we discuss will remain confidential.	0333 880 2730
Peekaboo Pet Services	We are offering to walk dogs/pets for isolated and elderly people. This is a free service and covering the Dover/Whitfield area.	07584 320039
Folkestone and Hythe District Council	We have set up a local dedicated COVID-19 helpline and email for residents. - Find out about help and assistance available locally and national support - Offer to volunteer and become a champion within the community - Home Meal deliveries - Food orders and deliveries - Collection of medical supplies - Dog walking Open 9am – 5pm seven days a week	COVID-19@folkestone- hythe.gov.uk 01303 761116
KOOTH – Online Mental Health Service	As it stands we are no longer able to visit schools, youth provisions or medical centres to talk about the service. We are looking to make as many young people aware of the service as	www.kooth.com



for 10-16 year	possible and we are trying to do this remotely. Any support or	
olds	advice you have would be greatly appreciated. Our Kooth	
0.0.0	Overview video can also be used	
	- https://vimeo.com/318731977/a9f32c87de	
	,,	
	Kooth is a mental health organisation that offer free online	
	counselling and advice to those who are aged 10-16 years old	
	who do not want to talk face to face with someone.	
Teynham Parish	If you need help with	parishclerk@teynham.or
Council	'	g
	Shopping	
	Posting mail	01795 487063
	Urgent supplies	01730 107000
	A friendly phone call	07597 829578
	7 Afficially prioric call	07597 829578
	Contact Teynham Parish council and one of our volunteers will	
	contact you.	
Channel Cars	Our drivers are collecting shopping, prescriptions, picking up	01303 252252
		01303 232232
Folkestone	things and dropping off. Payment over the phone and	
	contactless card payment. Serving Folkestone down to the	
	Marsh all surrounding areas, Pre-book where possible.	
Dia Fastass	Social Media Channels	07746916240
Pie Factory	Social Media Channels	07746916240
East Kent	Marcon addition della content to account of the elements	info Oniofo et a muna vais a c
	We are adding daily content to our social media channels	info@piefactorymusic.co
	including daily creative challenges. This is a quick and easy	<u>m</u>
	way for young people to engage with us and we have staff	
	online every day to answer questions and provide a space	
	for young people to chat. Here are the links to our social	
	media channels:	
	Instagram: www.instagram.com/piefactorymusic	
	Facebook: www.facebook.com/piefactorymusic	
	Twitter: www.twitter.com/piefactorymusic	
	TikTok: @Piefactorymusic	
	Group Video Chats	
	We are in the process of setting up group video chats for	
	young people. We're just fine tuning this to make sure that the	
	technology will work and that safeguarding has been	
	thoroughly considered. The idea is to provide a weekly 'check	
	in' with our team, ideas for activities and space to talk about	
	how people are feeling. If you have a young person who would	
	be interested in this then please email us and let us know	
	which area you are from to help us find the most relevant	
	group.	
	Targeted work for those who need extra support	



	If you know a young person who needs some extra support at this time such as Regular phone calls with a youth worker, signposting to other services and / or 1:1 / small group online sessions with members of our team.	
	Food Bank	
	Also, we are continue to run a Food Bank which can be accessed by calling 07746916240 or by emailing info@piefactorymusic.com - we can offer a door-step delivery service.	
Ashford Counselling Services	we are continuing to offer counselling remotely by telephone and internet and are still taking new referrals via info@ashfordcounselling.org.uk , business.manager@ashfordcounselling.org.uk and by telephone on 01227 713911.	01227 713911.
Sainsbury's Vulnerable Shopping Service	Residents who are vulnerable can call Sainsbury's and order their food shopping through their vulnerable service. This is getting busy and can take a while to get through	0800 63 62 62
	Covers all Sainsbury's supermarkets in East Kent and FOR THOSE WHO ARE SELF ISOLATING AND SHIELDING.	
New Romney Pharmacy	Deliver to medical housebound. For older and at-risk persons, if you telephone and let them know you are coming and what they require, park in car park behind the shop they will bring delivery out to you. Are hoping to expand deliveries in future.	01797 458001
Lloyds Pharmacy New Romney	Services as normal, including prescription delivery Now opening at 10am	01797 362180
Well Pharmacy Greatstone	Can only deliver to people already registered.	01797 362997
Pharmacy Lydd	Can only deliver to people already registered.	01797 320231
Kent Frozen Foods	For those who are struggling in Kent to get their groceries we are now offering free home delivery via our dedicated sales teams.	01622 612345 <u>www.kff.co.uk</u>
Involve Kent, Safe and Well Service	Safe and Well is a telephone service available for the most vulnerable and isolated members of the community who are self isolating due to Coronavirus. Members of our team will be offering daily or weekly phone calls, which will be determined by a short telephone assessment. As well as offering a friendly voice on the phone, we are working closely with other	03000 810005 (option 5) offiffice@involvekent.o rg.uk



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	organisations to link isolated people to services that can	
	help them. We are supported by Kent Fire and	
	Rescue who are offering their support in collection and	
	delivery of food and prescriptions.	
	The service is available across West Kent, including	
	Sevenoaks, Maidstone, Tunbridge Wells and Tonbridge,	
	and parts of Folkestone and Dover	
Romney	We have a dedicated email address covid-9@rmdc.org.uk	01797 208590
Marsh Day	and have a dedicated number 01797 208590 which will	
Centre	be operational from this Monday – Friday 9am to 4pm.	covid-9@rmdc.org.uk
	We will be carrying out urgent essential shopping for the	
	most vulnerable people. This will be essential shopping.	
	We are looking to buy food into the Day Centre from	
	Wholesalers and set up essential food and toiletry packs	
	at set prices, so we can get these deliveries out much	
	quicker than shopping at New Romney Sainsburys. This	
	will take us approx. a week to get up and running, so in	
	the meantime we will be doing shopping trips to	
	supermarkets.	