

Reframing statements

It is important to understand any child or young person in the context of *their* world, the one in which *they* function. For vulnerable children this may be very different from the world you think they live in.

The statements adults make about children often get in the way of appreciating the real world in which the child lives. Finding different ways to express adult perceptions of a child or young person is a great way to increase adult understanding and child self-esteem.

Try reframing these descriptive statements about a child, seeing them from the child's point of view.

The first one is completed as an example.

Acting like a child	↔	Is a child
Won't	↔	
Lazy and does not try	↔	
Does not care	↔	
Refuses to sit still	↔	
Forgets everything	↔	
Fussy, demanding	↔	
Steals	↔	
Does not get the obvious	↔	
Calculating and sly	↔	

Reframing statements

Your completed reframing statements may look something like these below.

Acting like a child ↔ **Is a child**

Won't ↔ **Can't**

Lazy and does not try ↔ **Exhausted with trying**

Does not care ↔ **Does not understand feelings**

Refuses to sit still ↔ **Over stimulated / needs contact**

Forgets everything ↔ **Can't remember**

Fussy, demanding ↔ **Hypersensitive**

Steals ↔ **Does not understand ownership**

Does not get the obvious ↔ **Does not learn from experience**

Calculating and sly ↔ **Does not understand**