What is the Coronavirus?

Viruses are tiny germs that we cannot see. The Coronavirus is a new virus that may make us feel unwell. Lots of people may have the Coronavirus, they might feel like they have a cold or flu.

Most people who get Coronavirus can stay at home until they feel better. Very few people who have the Coronavirus might feel very poorly and need to go to the hospital where the nurses and doctors can help them.

There are some things we can try to do to avoid catching the Coronavirus

- Wash our hands for 20 seconds.
- Cough or sneeze into a tissue or our arm.
- Try not to touch our faces.
- Keep 2 meters apart.
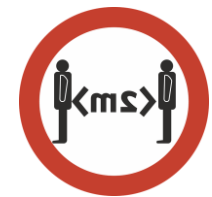
We might have to stay home from school and work. This is okay, it is to help the stop the virus from spreading and to keep us healthy. We will be told when to go back to school and work.

If I am worried about the Coronavirus I can ask an adult. Every day there is more information and adults are listening to advice from the Government. Following this advice will help to keep us happy and healthy.