All about me

Information for my new school



Dear ?????,

We are very excited about you joining our school and we were hoping that you can work with an adult to complete this booklet, so that we can find out a bit about you before you arrive.

(We have also sent home a book about our school, so you can get to know us, too)

Please don’t worry if you can’t answer all of the questions – it is just meant to be rough guide to your likes and dislikes so that we can make you as comfortable as possible when you visit.

We are very much looking forward to seeing you on …..

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| --- | --- | --- |
|  | Likes  | Dislikes  |
|  Food  |  |  |
| Drink |  |  |

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| **Places:** Where do you like to go? |
|  |  |  |  |  |
| Cinema  | Park | Playground | Swimming | Beach |
|  |  |  |  |  |
| Friend’s house | Library | Café | Family’s house | other |

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| **Activities:** What clubs or activities do you enjoy doing with others? |
|  |  |  |  |  |
| Swimming class | Dance class | gymnastics | Scouts | other |

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| **Activities:** What clubs or activities do you enjoy doing on your own? |
|  |  |  |  |  |
| Lego | puzzles | drawing | computer  | reading |

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| **Sensory:** Is there anything you don’t like? |
|  taste |  |
| smell |  |
| feel |  |
| sound |  |
| lights |  |

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| **Learning:** What are your favourite lessons? |
|  |  |  |  |  |
| English  | Maths  | Science  | Topic | History  |
|  |  |  |  |  |
| Geography | PE | Computers | Languages | Art  |
|  |  |  |  |  |
| DT  | Music | RE | PSHE | Other  |

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| **Social**: Who are your friends? |
| at school |  |
| outside of school |  |
| What games do you like playing in the playground?  |
|  |  |

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| **Coping with worries:** What can make you feel worried? |
|  |  |
| How will we know if you’re feeling worried? |
|  |  |
| When you feel worried, how do you help yourself to feel calm again? |
|  |  |
| Is there anything we can do to help you to feel calm again? |
|  |  |

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| **Tell us about you at home:** |
|  | It can be helpful for us to know some information about who’s at home |
| Family |  |
| Other people: |  |
| Pets: |  |

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| **Anything else?** Is there anything else you think it would be useful for us to know? |
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