

| Title | Author | Details |
|--|---|---|
| Books about serious illness | | |
| When Someone has A Very Serious Illness | <i>Marge Heergaard</i> | A Draw out your Feelings Book to enable children to express and make sense of their feelings when someone is seriously ill. |
| As Big as it Gets | <i>Julie A. Stokes</i> | A book for parents and adults supporting a child when someone is seriously ill. Lots of useful guidance about how to have those difficult conversations. |
| Books about cancer | | |
| Nowhere Hair | <i>Sue Glader and Edith Buenen</i> | A lovely rhyming picture book about a little girl trying to make sense of her mummy losing her hair during chemotherapy treatment. Helps children understand about cancer and chemo with honesty and insight, |
| Mom has cancer! Let's talk about it | <i>Jennifer Moore-Mallinos</i> | Helpful picture book to explain when a parent has cancer and open up useful conversations. |
| Because Someone I love has Cancer | <i>Terri Ades</i> | An Activity Book with opportunities to creatively explore some of the changes, feelings and uncertainties when someone you love is affected by cancer |
| The Secret C. Straight Talking about Cancer | <i>Julie A. Stokes</i> | A very useful book exploring some of the questions children might have about cancer and supporting adults to know how to answer them in an honest and age appropriate way. |
| When Someone you love has Cancer | <i>Alaric Lewis</i> | Straight forward language and illustrations to support children's understanding to cancer and their own feelings about it. |
| Stories about depression and mental illness | | |
| The Cloud | <i>Hannah Cumming</i> | A moving story about having a cloud over your head and feeling that you don't fit in. A warming tale of the power of kindness and understanding when a classmate is eager to help. |
| Meh: A story about depression | <i>Deborah Malcolm</i> | A wordless picture book exploring the dark sadness that makes finding happiness so very hard. |
| I had a Black Dog | <i>Matthew Johnstone</i> | A book intended for adults about living with depression. The pictures are so enlightening and provide a helpful analogy to explain depression with children. |
| The Colour Thief: A family's Story of Depression | <i>Andrew Fusek Peters, Polly Peters and Karin Littlewood</i> | A story about a young boy trying to understand the changes as his Dad struggles with depression. |
| Why are you so Sad? A Child's Book about | <i>Beth Andrews</i> | A useful book to help children understand about their parent's depression and that it isn't their fault. |

| | | |
|--|--|--|
| Parental Depression | | |
| Not Today Celeste- A Dog's tale about her Human's Depression | <i>Liza Stevens</i> | A gentle angle to explore what it is like when a parent slips into depression exploring some of the key questions and feelings a child might have. |
| The Sad Book | <i>Michael Rosen</i> <i>Quentin Blake</i> | A moving autobiographical story about sadness, loss and grief. |
| Stories about Other illnesses | | |
| Grandma | <i>Jessica Shepherd</i> | A gentle story about a grandma's sad journey into dementia and how her grandchildren make sense of the changes in her. |