

Title	Author	Details
Information or Workbooks for young children		
Someone I know has died	Trish Phillips	A workbook for young children who need help in understanding the death of someone special and how they are feeling (available from www.childbereavementuk.org)
I Miss You <i>A first look at death</i>	Pat Thomas	A simple picture book explaining the concept of death. Although you may not wish to share this book in its entirety it is a useful tool for finding words and phrases to explain death.
What does Dead mean?	Caroline Jay and Jenni Thomas	A simple book with questions and answers for young children. Also ideal to help adults in knowing how to answer the many questions young children may pose.
When Someone Dies	Dawn Hewitt	A simple book with clear language, and colourful illustrations to help explain and answer children's questions
When Uncle Bob died	Althea	A thoughtful book exploring the feelings and concerns of young children.
Remembering Mum	Ginnie Perkins	A real story with photos of two young boys remembering their mum.
I Miss my Sister	Sarah Courtauld	A short picture book about a young girl grieving after the death of her sister (available from www.childbereavementuk.org)
I have a question about Death	Arlen Grad Gaines and Meredith Englander Polsky	A book for children with Autism Spectrum Disorder or Special Needs. With clear and straightforward questions and answers to explore what death means using clear Communicate in Print style symbols and illustrations. Useful for a wide audience of children not just those with SEND.
Story books		
No Matter What	Debi Gliori	A reassuring story about being loved even when someone has died. Also useful if the family have used the idea of the person now being star.
Always & Forever	Alan Durrant	A lovely story about grieving animal friends and their memories; the good times, the sad times and the funny times.
A Place in my Heart	Annette Aubrey	A helpful story about a little boy trying to understand his feelings after his Grandad has died.
Is Daddy coming back in a minute?	Elke and Alex Barber	An honest autobiographical story of a little boy trying to make sense of his Daddy's sudden death from a heart attack.
What happened to Daddy's body?	Elke and Alex Barber	Following on from the title above this text is to help young children understand about funerals, burials and cremation.
Rafi's Red Racing Car	Louise Moir	A story about a Rafi the rabbit beginning to understand about his Daddy's suicide.
Luna's Red Hat	Emmi Smid	A moving story of a girl making sense of her mother's death by suicide.
Sad Book	Michael Rosen	A fantastic book exploring the feelings of sadness when someone is bereaved. Quite long for little ones but you can pick out some key pages to share.

Cathy Campbell	Stewart's Tree	A picture book book for brothers and sisters when a baby dies shortly after birth.
The Memory Box	Joanna Rowland	With beautiful illustrations this story follows a young girl making a memory box to help her explore two key questions about grief; will I forget my loved one? What do I do with my feelings?
My Dad has wings	Retold by Jude Coupland	A story written by a real family trying to make sense of the death of their dad and imagine him now as an angel. (available from www.mydadhaswings.co.uk)
Sammy in the Sky	Barbara Walsh and Jamie Wyeth	A beautifully illustrated tale about a child's grief at the death of their beloved dog Sammy.
Goodbye Mog	Judith Kerr	A story about when the family's adored cat Mog dies. Be aware that death is described as 'sleeping forever'- whilst this is not a not a helpful association it can create a useful point for discussion.
Up in Heaven	Emma Chichester Clark	A story about the pet dog dying. The dog goes to sleep and wakes up in heaven – as with <i>Goodbye Mog</i> , sleep and death would need explaining to children as entirely different.
Granpa	John Burningham	A subtle picture book exploring the relationship between a granpa and his granddaughter until his death.
Fred	Posy Simmons	A cartoon strip book about two children mourning for their pet cat Fred. Good for talking about funeral ceremonies.
Missing Jack	Rebecca Elliott	A sensitive story about the loss of a beloved cat and all the reasons why he was the best cat ever.
Grandad's Ashes	Walter Smith	A story about some grandchildren and their quest to find the right place to scatter their grandad's ashes. Useful to explore the idea of cremation and finding a favourite place.
Goodbye Mousie	Robie Harris	The story of a young boy whose pet mouse dies and how his parents try to explain death to him. <i>(Currently out of print but worth trying to get hold of)</i>
The Heart and the Bottle	Oliver Jeffers	A beautiful picture book following a story of a girl whose grief hurts so much she puts her heart in a bottle to protect it.
The Scar	Charlotte Moundlic	An honest, emotional and powerful story featuring a young boy telling his story of his mother dying.
Missing Mummy	Rebecca Cobb	A moving and sensitive story about a girl missing her mum and making sense of her grief.
Badger's Parting Gifts	Susan Varley	A classic picture book of how Badger's forest friends are finally able to remember him and the things he taught them. May be better for slightly older children.
The Memory Tree	Britta Breckentrup	After Fox dies his friends gather to grieve and tell their stories about him and in the middle a memory tree grows to shelter and protect them all.
We Were Gonna	Pat Shwiebert	The story follows a child whose sibling is stillborn and gently tells how it feels to

have a Baby but we had an Angel Instead		get an Angel instead of a baby. This might be appropriate for families where it fits their belief system.
Dogger	Shirley Hughes	A lovely picture book useful for getting young children talking about their feelings when they lose something special e.g. a favourite toy.
The Goodbye Book	Todd Parr	Featuring Todd's colourful and quirky illustrations, the very simple text suggests the feelings you might have when saying difficult goodbyes.
Wherever you are my Love will Find You	Nancy Tillman	A beautiful book of reassurance for children that they will always be loved. Not written for bereaved families but very useful as a message that love carries on and will always find you!
Silly Billy	Anthony Browne	A picture book about worrying rather than bereavement. The story features Billy using some worry dolls to help him manage his fears.
Books for adults working with bereaved young children:		
Grief in Young Children: A handbook for Adults	Atle Dyregrov	An accessible guide full of practical advice and suggestions for supporting young children.
Children and Grief: When a parent dies	William J Worden	A good theoretical book detailing understanding children's grief.
A Child's Grief	Winston's Wish	A guidebook for parents and professionals on explaining death to children and helping them manage their grief.
Beyond the Rough Rock	Winston's Wish	A guidebook for parents and professionals supporting a child bereaved by suicide.
Hope Beyond the Headlines	Winston's Wish	A guidebook for parents and professionals supporting a child bereaved by murder or manslaughter.
As Big as it Gets	Winston's Wish	A guidebook for parents and professionals supporting a child when someone is seriously ill.
Grief Encounter	Shelley Gilbert	A workbook with many accessible activities (some for slightly older children) to encourage conversations about loss between children and adults. A useful 'grown ups' section too!
Muddles, Puddles and Sunshine	Winston's Wish	A book detailing lots of activities a bereaved child can do to help them explore their feelings and hold on to memories.
Someone very important has just died	Mary Turner	A book offering immediate support for adults caring for children following a bereavement. Very useful in finding language and terms to use to explain concepts surrounding death.