## **Useful Contacts**

(In alphabetical order)



<b>Beck Ferrari</b> Supporting bereaved children, their families and schools in Kent	beck.ferrari@gmail.com	07824 347 889
BRAKE Road safety charity supporting the victims. Has some useful resources on supporting children bereaved by road traffic collisions	www.brake.org.uk/support	0845 6038570
Child Bereavement UK  National charity. Helpline for advice for families and professionals and wide range of resources.	www.childbereavementuk.org	0800 02 888 40
Childhood Bereavement Network Part of the National Children's Bureau Useful for looking up bereavement services for children in other parts of UK	www.childhoodbereavementnetwork.org.uk	020 7843 6309
Child Death Helpline The national Freephone helpline staffed by volunteers all of whom have experienced the death of their child.	www.childdeathhelpline.org.uk	0800 282 986
The Compassionate Friends An organisation which offers understanding and support to those affected by the death of a child or children	www.tcf.org.uk	0845 123 2304
CRUSE  Bereavement counselling support for adults and children with local branches nationwide  Website has advice for families on what to do following a death	www.crusebereavementcare.org.uk www.hopeagain.org.uk	0844 477 9400
Grief Encounter Project Helping children through bereavement (London) Useful website to refer to as well as Grief Encounter workbook	www.griefencounter.org.uk	020 8446 7452
Heart of Kent Hospice (Maidstone area) Support for a person with a terminal illness, their family and carers	www.hokh.org	01622 792200
Holding on, Letting Go A Kent and Medway based charity offering weekend activity programmes for bereaved children and their families.		08445 611 511

## **Useful Contacts**

(In alphabetical order)



(Tonbridge and Malling area) <u>www.hospiceintheweald.org.uk</u>

Support for a person with a terminal illness, their 01892 820500 family and carers

**The Lullaby Trust** 

Sudden Infant Death Syndrome

(Formerly FSID) this organisation supports those www.lullabytrust.org.uk 0808 802 6868 who have been affected by the loss of a child to

**Much Loved** 

Enables you to make a website tribute in memory of <a href="www.muchloved.com">www.muchloved.com</a> someone who has died

Pilgrim's Hospice

Providing specialist palliative care to the people of <a href="https://www.pilgrimshospices.org.uk">www.pilgrimshospices.org.uk</a> 01233 504133 east Kent

**SAMM** 

Support after Murder and Manslaughter www.samm.org.uk 0845 872 3440

Sands

Stillbirth and Neonatal death charity <a href="https://www.uk-sands.org">www.uk-sands.org</a> 020 7436 5881 Supporting families affected by the death of a baby

**Slide Away** 

Helping bereaved young people get back on their <a href="www.slideaway.org.uk">www.slideaway.org.uk</a> 07970 597715 feet. Kent based charity supporting school aged children

Survivors of bereavement by suicide

A self help organisation for those bereaved by <a href="https://www.uk-sobs.org.uk">www.uk-sobs.org.uk</a> 0844 561 6855 suicide

The Samaritans

Provides confidential emotional support 24 hours a <a href="https://www.samaritans.org">www.samaritans.org</a> 08457 909090 day, by phone, text or email

The WAY foundation

Support for those who are widowed and young <a href="https://www.wayfoundation.org">www.wayfoundation.org</a> 0870 011 3450 including local support networks

including local support networks

Helpline for advice for families and professionals

Winston's Wish
The charity for bereaved children

www.winstonswish.org.uk
08088 020 021

Has wide range of publications and very useful <a href="www.help2makesense.org">www.help2makesense.org</a> website for additional information