

Pupil Sensory Checklist

Sensory checklist for staff to complete on a pupil

(Based on the sensory profile checklist from Bogdashina, 2003)

Tick which apply and then consider which teaching staff need to know this information.

Where possible complete this in discussion with the parents or carers and the pupil.

No:	Item	Yes	No	Don't know	Action required
1	Resists changes to familiar routines				
2	Does not recognise familiar people in unfamiliar clothes				
3	Dislikes bright lights				
4	Dislikes fluorescent lights				
5	Is frightened by flashes of light				
6	Puts hands over eyes or closes eyes in bright light				
7	Is attracted to lights				
8	Is fascinated by shiny objects and bright colours				
9	Touches walls of rooms				
10	Enjoys certain patterns (e.g. brickwork, stripes)				
11	Gets lost easily				
12	Has a fear of heights, lifts, escalators				
13	Has difficulty catching balls				
14	Is startled when approached by others				
15	Smells, licks, taps objects and people				
16	Appears not to see certain colours				
17	Uses peripheral vision when doing a task				
18	Finds it easier to listen when not looking at person				
19	Remembers routes and places extremely well				
20	Can memorise large amounts of information on certain topics				
21	Finds crowded areas difficult				
22	Prefers to sit at back of group				
23	Finds it hard to line up				
24	Covers ears when hears certain sounds				
25	Can hear sounds which others do not hear				

No:	Item	Yes	No	Don't know	Action required
26	Is very distressed by certain sounds				
27	Bangs objects and doors				
28	Is attracted by sounds and noises				
29	Hums or talks to self a lot				
30	Does not like shaking hands or being hugged				
31	Likes a hug if chosen to do this				
32	Only seems to hear the first words of a sentence				
33	Repeats exactly what others have said				
34	Very good auditory memory for songs and rhymes				
35	Dislikes the feel of certain fabrics and substances				
36	Seems unaware of pain and temperature				
37	Dislikes certain foods and drinks				
38	Seeks pressure by crawling under heavy objects				
39	Hugs very tightly				
40	Plays roughly with peers				
41	Enjoys feeling certain materials				
42	Dislikes certain everyday smells				
43	Eats materials which are not edible				
44	Likes to have food presented in a certain way on the plate				
45	Dislikes crunchy or chewy food				
46	Quite clumsy and bumps into objects and people				
47	Finds fine motor movements hard				
48	Has difficulty running and climbing				
49	Finds it hard to ride a bike				
50	Leans on tables/adults				
51	Does not seem to know where body is in space				
52	Fidgets a lot				
53	Has poor balance				
54	Afraid of everyday movement activities such as swings, slides, trampoline				
55	Has extremely good balance				
56	Seeks out climbing				