

ABC Chart for Observing Behaviour

Childs Name:

Date & Time	Antecedents	Behaviour	Consequences
	What happened just before the behaviour e.g. Where? Who with? What?	What <i>exactly</i> does the child do that you want him or her to change?	What follows the undesired behaviours? What might the child be finding rewarding that makes him / her carry on behaving in this way?
	What can be done to avoid or improve the situation in the future?	What would be more appropriate?	What does this tell us?