

## **Attachment Training – March 2021 - Resources List**

All these links were active as at 23 Mach 2021. If you cannot get the links to work by clicking on them please try copying and pasting them into your search engine. If you still have problems please contact Cathy Bolton <a href="mailto:aspensmile@whitfield.kent.sch.uk">aspensmile@whitfield.kent.sch.uk</a>

From Part 1	Туре	Link
From attachment to attainment: The impact of nurture groups on academic achievement	Academic Article	https://www.researchgate.net/publication/268280064_From_attachment_to_attainment_The_impact_of_nurture_groups_on_academic_achievement
Settling to Learn: Settling troubled pupils to learn. Why relationships matter in school. Bomber, L.M, &., Hughes, D.A	Book	https://blackwells.co.uk/bookshop/product/Settling-to-Learn-by-Louise-Michelle-Bombr-author-Daniel-A-Hughes-author/9781903269220
Boxall, M. (2002) Nurture Groups in Schools: Principles and Practice. Sage/Paul Chapman.	Book	https://www.nurtureuk.org/our-services/publications/theory-practice/nurture-groups-schools-principles-and-practice
Mary Ainsworthy – Study "The Strange Situation"	Video	https://www.youtube.com/watch?v=m_6rQk7jlrc
The Solihull Approach	Website	https://solihullapproachparenting.com/
Examples of Reciprocity	Videos	https://www.youtube.com/watch?v=JPejofp9BnQ https://www.youtube.com/watch?v=FsxdyRZVGrc
Nurture UK	Website	https://www.nurtureuk.org/
Observing Children with attachment Difficulties in School: A Tool for Identifying and Supporting Emotional and Social Difficulties in Children Aged 5-11: London	Book	https://kimsgolding.co.uk/publication/observation-checklist-series/observing-children-attachment-difficulties-school/

From Part 2		
Talking about Social and emotions Skills	Resources to use in school	https://www.blacksheeppress.co.uk/product/talking-social-emotional-skills/
Zones of Regulation	Resources to use in school	https://www.zonesofregulation.com/learn-more-about-the-zones.html
Emotion indicator wrist bands	Resources to us in school	https://thesensorytouch.co.uk/collections/communication- emotions/products/emotions-wrist-bands-2-per-purchase-youth-adult-sized
Drawing the Ideal Self	Book	https://drawingtheidealself.co.uk/
Circles of Friends	Book	https://inclusive-solutions.com/circles/circle-of-friends/#
Ruby and the Rubbish Bin	Book	https://www.traumainformedschools.co.uk/buy-books/ruby-and-the-rubbish-bin
Inside I'm Hurting by Louise Bomber	Book	https://www.goodreads.com/book/show/6266800-inside-i-m-hurting