



SMILE TRAINING PROGRAMME 2024-25

Dover Specialist Teaching & Learning Service

Payment and Cancellation

- Schools and Settings will receive an invoice once required numbers for the course have been reached.
- There will be no charge for training sessions cancelled with 48 hours notice (with the exception of Attention Autism). Please note that non-attendance or cancellation within 48 hours of the course running, will result in the full amount being charged.
- If delegates are unable to attend, substitutions from your school can be made without additional charge.

How to book onto courses

- For booking on all planned courses, please email aspensmile@whitfield.kent.sch.uk

- If you wish to book for a bespoke training course, please complete the below form:

<https://forms.office.com/e/pByA1ACDQK>

- For MSA training please complete the below MS Form:

EYs: <https://forms.office.com/e/KChVGQZbKH>

Schools: <https://forms.office.com/e/1e30TMWn4M>

- For GAP training please complete the below MS Form:

EYs: <https://forms.office.com/e/KChVGQZbKH>

Schools: <https://forms.office.com/e/MnmfyZRJux>



TERM 1

Caring for Care Experienced Children

Course Objectives:

- To understand the social context in relation to Children and Young People in Care. (why children become care experienced)
- Understanding the needs of care experienced children - through the eyes of the child.
- To know how to plan for and support care experienced children in education.

Time: 15.30pm-18.00pm

Date: Wednesday 11 September 2024

Cost: £30 per person

Suitable for: EYs, Primary and Secondary

Led by Sam Armstrong
Specialist Teacher for C&I and EYs



Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Language Through Colour



Course Description:

- Language through Colour uses colour-coding to help children understand words and improve reading and writing.
- Explore a model of speech and language development.
- Learn about common barriers to learning in the classroom.
- Discover how to use Language through Colour in interventions and whole class teaching.
- Engage in practical activities to understand the approach fully.

Led by Julia Cox and Emma Baines
Specialist Teacher for C&L and Speech and Language Therapist

Time: 9.30-12.30

With the option to stay
and make resources in the afternoon –
please bring your own laptop if you
wish to stay

Date: Wednesday 18 September 2024

Cost: £40 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Intensive Interaction

Intensive interaction is an approach designed to help people at early levels of communication.

Course objectives:

- To understand the background of Intensive Interaction and who can benefit from it.
- To understand the fundamentals of communication and the many different aspects to non-verbal communication.
- To learn ways to implement Intensive Interaction within your setting and the benefits it may have

Led by Sam Armstrong
Specialist Teacher for C&I and EYs

Time: 3.30pm-5pm

Date: Tuesday 8 October 2024

Cost: FREE

Suitable for: Primary



Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



TERM 2

ACES

Adverse Childhood Experiences (ACEs) - Research indicates that ACEs can lead to poorer mental and physical health outcomes which are carried over into adulthood. Effective support can, however, steer pupils towards better outcomes, and at the same time address social inequality and the education gap

Aims of the course:

- Raise awareness of the impact of adverse childhood experiences (ACEs) and trauma on childhood development
- Staff to reframe the way they think and act and the language they use in light of this knowledge and understanding
- Encourage reflection on our part in the outcomes / prognosis for more vulnerable learners (part of the problem or part of the solution?)

Led by Tracey Cook and Stefanie Zintel-Warner
Specialist Teachers for SEMH

Time: 9.30am-12.30pm

Date: Wednesday 6 November 2024

Cost: £40 per person

Suitable for: Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Sensory Circuits

Course Objectives:

- A brief overview of sensory difficulties
- Sensory circuits- what are they?
- Sensory circuits- who are they for?
- Sensory circuits- how to run them

Led by Beth Wakelin
Sensory and Engagement Lead



Time: 9.30am-11am

Date: Friday 22 November 2024

Cost: £10 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Attention Autism

Course Objectives:

- Training focuses on practical intervention, teamwork, and engaging learning methods.
- Targets teaching attention, communication, and social interaction skills.
- Includes demonstrations, films of techniques, hands-on experience, and activity ideas.
- Intensive two-day course equips attendees to implement the intervention immediately after training.

Led by Kate Greenstreet
Attention Autism Advanced Practitioner

Time: 9.30am-15.30pm

Date: Wednesday 27 &
Thursday 28 November 2024
This is a 2-day course

Cost: £85pp for both days

Delegates will need to bring
their own lunch.

Suitable for: EYs, Primary and
Secondary



Attention Autism™
AN IRRESISTIBLE INVITATION TO LEARN

Home of the Curiosity Programme

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Engagement 4 Learning



Course Objectives:

- Helps identify effective strategies for children with complex learning difficulties and disabilities.
- Allows recording, measuring, and demonstrating meaningful learning outcomes.
- Training helps school staff understand and implement the engagement model for children with complex needs, including SEMH.

Time: 9.30am-11am

Date: Friday 13 December 2024

Cost: Free

Suitable for: EYs, Primary and Secondary

Led by Beth Wakelin
Sensory and Engagement Lead

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

De-escalation & Positive Behaviour Approach



Course details TBC

Time: 9.30am-12.30pm

Date: Thursday 5 December 2024

Cost: £40 per person

Suitable for: Primary and Secondary

Led by Sean Mohan
District Lead for STLS

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



TERM 3

Sensory Champions



The Champions Programme involves a multi-session course of enhanced training delivered by Special School and SRP staff and NHS Staff to equip participating schools and setting staff with the knowledge, understanding and skills necessary to lead on Sensory issues within their place of work.

If you wish to become a 2025 Sensory Champion, please email Sophie on:

aspensmile@whitfield.kent.sch.uk

Where a full programme and application form will be sent through to you.

Led by Beth Wakelin and Stella Parkinson
Sensory and Engagement Lead and Paediatric Occupational Therapist

Time: 9.30am-12.30pm

Date: From January 2025 to March 2025

Cost: £180 Schools, £100 EYs settings

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Persistent Literacy Difficulties: Dyslexia

Course objectives:

- To be able to identify dyslexia & presenting difficulties.
- To increase understanding of the Kent Dyslexia Policy and new Dyslexia guidance.
- To be able to increase awareness of difficulties in the classroom and barriers to learning literacy difficulties/dyslexia presents.
- To be able to access resources and practical strategies to support literacy difficulties and promote inclusion.

Led by Julia Cox, Julie Pout and Sherrie Hogg
Specialist Teachers for C&L (Dover, Folkestone & Ashford)

Time: 9.30am-12.30pm

Dates: 3-days (full attendance required)

Tuesday 14th January 2025

Tuesday 21st January 2025

Tuesday 4th March 2025

Cost: £100 per person

Suitable for: SENCOs and school leaders who can implement policy and provision and staff wishing to develop a specialism in teaching or supporting children with literacy difficulties.

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Sensory Circuits

Training will cover:

- A brief overview of sensory difficulties
- Sensory circuits- what are they?
- Sensory circuits- who are they for?
- Sensory circuits- how to run them

Led by Beth Wakelin
Sensory and Engagement Lead



Time: 9.30am-11am

Date: Friday 24 January 2025

Cost: £10 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



TERM 4

Foetal Alcohol Spectrum Disorder



Foetal Alcohol spectrum condition affects more than 1.2 million people nationwide and yet remains a fairly unknown condition. This lifelong neurological disorder impacts cognitive development, social and emotional development and communication and interaction. New guidance on FASD released in 2023 outline the need for more training for schools to support pupils with the condition.

Time: 9.30am-11.30am

Date: Tuesday 11 February 2025

Cost: £40 per person

Suitable for: Primary and Secondary

Course objectives:

- To understand what is meant by FASD
- To understand the barriers faced by people with FASD
- To know some strategies for supporting pupils with FASD in the classroom.

Led by Sam Armstrong
Specialist Teacher for C&I and also a Trustee of FASD Awareness Charity

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Engagement 4 Learning



Course Objectives:

- Helps identify effective strategies for children with complex learning difficulties and disabilities.
- Allows recording, measuring, and demonstrating meaningful learning outcomes.
- Training helps school staff understand and implement the engagement model for children with complex needs, including SEMH.

Time: 9.30am-11am

Date: Friday 28 February 2025

Cost: Free

Suitable for: EYs, Primary and Secondary

Led by Beth Wakelin
Sensory and Engagement Lead

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Emotion Coaching

Course Description

- Emotion Coaching is a relational approach to support emotional regulation in children and young people and manage behavioural outbursts.
- The training will introduce you to the theory of emotion coaching and explain why it should underpin our interactions with children and young people.
- You will get some practical strategies of how to implement emotion coaching when working with children and young people.

Led by Tracey Cook and Stefanie Zintel-Warner
Specialist Teachers for SEMH

Time: 9.30am-12.30pm

Date: Tuesday 11 March 2025

Cost: £40 per person

Suitable for: Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Sensory Circuits

Training will cover:

- A brief overview of sensory difficulties
- Sensory circuits- what are they?
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- Sensory circuits- how to run them

Led by Beth Wakelin
Sensory and Engagement Lead



Time: 9.30am-11am

Date: Friday 28 March 2025

Cost: £10 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



TERM 5

Attention Autism

Course Objectives:

- Training focuses on practical intervention, teamwork, and engaging learning methods.
- Targets teaching attention, communication, and social interaction skills.
- Includes demonstrations, films of techniques, hands-on experience, and activity ideas.
- Intensive two-day course equips attendees to implement the intervention immediately after training.

Led by Kate Greenstreet
Attention Autism Advanced Practitioner

Time: 9.30am-15.30pm

Date: Monday 28 &
Tuesday 29 April 2025
This is a 2-day course

Cost: £85pp for both days

Delegates will need to bring
their own lunch.

Suitable for: EYs, Primary and
Secondary



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CT16 3LJ

Autism and Anxiety



Autism
Education
Trust

Dover District **STLS**
Specialist Teaching & Learning Service



Course Objectives:

- To have greater knowledge about how prevalent and impactful anxiety can be on autistic CYP.
- To learn that anxiety can be transactional, and we all have a role in reducing anxiety in school.
- To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support.
- To understand that by reducing anxiety we can significantly improve a CYP's ability to engage with school life and their peers, as well as improve general well-being.

Led by Angie O'Gorman and Sam Armstrong
Specialist Teachers in C&I

Time: 9.30am-12.30pm

Date: Tuesday 6 May 2025

Cost: £40 per person

Suitable for: Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Sensory Circuits

Training will cover:

- A brief overview of sensory difficulties
- Sensory circuits- what are they?
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- Sensory circuits- how to run them

Led by Beth Wakelin
Sensory and Engagement Lead



Time: 9.30am-11am

Date: Friday 9 May 2025

Cost: £10 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



TERM 6

Good Autism Practice



Autism
Education
Trust

Dover
District **STLS**
Specialist Teaching & Learning Service

What will you learn?

- Develop your knowledge and understanding of good autism practice
- Reflect on and improve your practice in working with autistic pupils
- Understand strategies and approaches you can draw upon for autistic pupils you work with
- Reflect on the kind of information you need to collect for creating a person-centered education plan
- Consider how to involve the autistic pupils and their family in setting learning goals

Time: 9.30am-12.30pm

Date: Tuesday 10 June 2025

Cost: £40 per person

Suitable for: Primary and Secondary



For more information and free resources visit:
www.austismeducationtrust.org.uk

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Engagement 4 Learning



Course Objectives:

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- Allows recording, measuring, and demonstrating meaningful learning outcomes.
- Training helps school staff understand and implement the engagement model for children with complex needs, including SEMH.

Time: 9.30am-11am

Date: Friday 20 June 2025

Cost: Free

Suitable for: EYs, Primary and Secondary

Led by Beth Wakelin
Sensory and Engagement Lead

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SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ

Sensory Circuits

- Training will cover:

- A brief overview of sensory difficulties
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- Sensory circuits- who are they for?
- Sensory circuits- how to run them

Led by Beth Wakelin
Sensory and Engagement Lead



Time: 9.30am-11am

Date: Friday 4 July 2025

Cost: £10 per person

Suitable for: EYs, Primary and Secondary

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



BESPOKE TRAINING

Bespoke Training Requests

Requests for bespoke training for whole school/setting can be made direct to STLS. Smaller schools and settings are encouraged to work together when requesting bespoke training.

Below is a list of some of the training that we can offer, but please contact us if there is something that you need that isn't listed-

- Attachment
- ADHD
- Restorative Approaches
- De-escalation and Positive Behaviour
- Understanding Masking in Autism
- ASD and Girls
- Dyslexia and Dyscalculia
- Self-Harm

Bespoke Training Costs



There is a standard charge for bespoke training set by KCC.

Bespoke delivery of courses to individual schools / groups of schools in school or hotel/other venue

Up to 20 delegates	Maintained schools/academies	Early Years Settings
Hourly rate	£120	£60
Twilight rate - 90 min	£170	£85
Half day rate	£280	£140
Daily rate	£480	£240

For groups of more than 20 reasonable additional charges will be made per additional person.
When delivering bespoke training, reasonable charges may be made for the venue (if not at the host school), handouts, resources and travel expenses

Team Teach Charges: £30 per person



SCHOOL SENCO FORUMS

All forums are held at the SMILE unless stated otherwise

Alternating Tuesdays and Thursdays
1pm-3pm

School SENCO Forums



- **Term 1**- Tuesday 15 October 2024
- **Term 2**- Thursday 12 December 2024
- **Term 3**- Tuesday 4 February 2025
- **Term 4**- Thursday 27 March 2025
- **Term 5**- Tuesday 20 May 2025
- **Term 6**- Thursday 10 July 2025

Please ensure you book a space with Sophie on the below email address:

aspensmile@whitfield.kent.sch.uk

Location

SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ



EYS SENCO FORUMS

All forums are held at the SMILE unless stated otherwise

1pm-3pm

EYs SENCO Forums

Term 2- Wednesday 11 December 2024

Term 4- Wednesday 19 March 2025

Term 6- Wednesday 25 June 2025

Please ensure you book a space with
Sophie on the below email address:

aspensmile@whitfield.kent.sch.uk

Location
SMILE Centre
Whitfield Aspen School
Mayfield Road
Whitfield
CT16 3LJ